



TENACIOUS RELATIONSHIPS

Tools to Build Tenacious Relationships

Tenacious Joy

This series of teachings is about having and living in tenacious joy. Here are the foundations of teaching series.

1. Tenacious Joy is joy that relentlessly guards the righteousness of God and provide strength to the believer.
2. Joy is the gift of God provided when I see His purpose and presence in the moments of life.
3. Tenacious means: Not easily pulled apart: cohesive; Tending to adhere or cling especially to another substance; Persistent in maintaining, adhering to, or seeking something valued or desired; Retentive.

God has called you to relationship

You are meant to be in healthy, thriving, and successful relationships

God is preparing you, so that your next relationships produce.

When you step into your relationship tomorrow you will be:

- I. More equipped and able to equip others.
- II. Realistic with expectations and clear on priorities.
- III. Less vulnerable to the schemes of Satan.



Building Relationship - Foundations

Every relationship is designed and founded on three things: Every relationship should give you the Advantage, provide a place of Safety, and involve the benefit of Struggle.

Evaluation: Choose a relationship in your life and answer these questions:

- 1) How does this relationship give me an advantage?
 - a) What do I have now that I did not have before this relationship?
- 2) How does this relationship make me feel safe?
 - a) Do I feel safe enough to fail and work to recover in this relationship?
- 3) What types of struggles am I having in this relationship?
 - a) How is Love a struggle?
 - b) How is Joy a struggle?
 - c) How is Peace a struggle?
 - d) How is Longsuffering a struggle?
 - e) How is Kindness a struggle?
 - f) How is Goodness a struggle?
 - g) How is Faithfulness a struggle?
 - h) How is Gentleness a struggle?
 - i) How is Self-control a struggle?



Building Relationship - Seasons

Every relationship has seasons. These are changes in the relationship to build character and integrity through various relationship environments. Like the earth, relationships have seasons of Spring, Summer, Fall, and Winter, to repeat in cyclical fashion, stimulating growth and maturity.

Spring: Growth, production, and fruitfulness.

Summer: Hot-furnace experiences, elemental pressure and exposure.

Fall: Dying, dwindling, and deteriorating experiences.

Winter: Cold, non-producing, resting, and recovery.

Evaluation: Using the relationship from above, answer these questions.

- 1) What season would I say my relationship is in?
- 2) How am I currently feeling and responding to this season?
- 3) How could I change my perspective to better embrace the season?
- 4) How am I growing in this season?
- 5) How am I preparing for the next season?

Additional Questions

a) Question:

Answer: _____

b) Question:

Answer: _____



Building Relationship - Process

Every relationship involves specific processes. When God brought Eve to Adam, he began to see things differently and change how he functioned because she was in his life. This is the effect of relationships. Relationships ignite the process of Vision, Revelation, Sacrifice, and Gratitude.

Evaluation: Using the relationship from above, answer these questions.

- 1) How does this relationship give me Vision?
 - a) What do you see life could be with them involved?
- 2) What has become clear since the introduction of this relationship.
 - a) What new value & meaning does this relationship give to my future?
- 3) What commitment/sacrifice have I made for this relationship?
 - a) What am I still willing to change in my condition & disposition.
- 4) How has this relationship increased my gratitude?
 - a) I am grateful to God for:

Additional Questions

a) Question:

Answer: _____

b) Question:

Answer: _____



Building Relationship - Function

Every relationship function on two things, that make other necessary components of the relationship effective. All relationships in life need classification and expectations to function well. Without these, relationships lack clarity and will misfire on functionality.

Evaluation: Using the relationship from above, answer these questions.

2) Classification – who is this person to me?

a) What is their role in my life?

b) What are their boundaries? (i.e. they can call me, but not visit me?)

3) Expectation – how should they engage with me?

a) How often do I want contact with them?

b) How should they respond in my emergency or crisis?

c) What standards do I want them to agree to?

Additional Questions

d) Question:

Answer: _____

e) Question:

Answer: _____